

Center for Mental Health Services Research

Brown School

Dear Colleagues,

We hope everyone is having a nice start to their fall semester! Find below all the great things happening at CMHSR, including updates on our seminar series, news (including new grants for CMHSR core faculty and affiliates), recent publications, recent and upcoming presentations, a new initiative, and some things that we have been reading.

Additionally, we would like to welcome <u>Dr. Natsu Sasaki</u>, who has joined the Brown School as a Visiting Researcher. Dr. Sasaki is a researcher and academic specializing in Public Mental Health. She obtained her Ph.D. from the Graduate School of Medicine at the University of Tokyo. She completed her undergraduate studies at the University of Tokyo's Faculty of Medicine, where she earned her medical degree. Currently, Dr. Sasaki serves as a Lecturer at the University of Tokyo, contributing to the field of public health and conducting research in areas such as occupational mental health, women's health, and digital intervention. She also works as an occupational health physician. Dr. Sasaki will be engaged with colleagues from the CMHSR, the Center for Dissemination and Implementation, and the broader community at Washington University in St. Louis. Please join us in welcoming Dr. Sasaki, and if you would like to connect, please reach out to her at natsu@wustl.edu. We have already enjoyed having Dr. Sasaki here and are fortunate to continue learning from her in the coming months!

Thank you for your ongoing support and collaboration, and we will look forward to being in touch in November with another update!

All the Best,

Leopoldo J. Cabassa and Byron J. Powell Co-Directors, Center for Mental Health Services Research Brown School at Washington University in St. Louis

Please visit our website, cmhsr.wustl.edu and follow us on social media: Twitter FB

CMHSR News

CMHSR Seminar

October 18, 2023, 4:00-5:00 PM

Eric Lenze presents Older Adults, Mental Illness, and Complexity
Goldfarb Hall, Room 132
Click here to register

October 25, 2023, 4:00-5:00 PM
Akilah Collins-Anderson and Kelley McCall present A Review of T32 Site Visits
Virtual Seminar on Zoom
Click here to register

November 29, 2023, 4:00-5:00 PM

Morgan Shields and 988 panelists present Implementing the Federal 988 Crisis Line in Missouri:
Frontline Perspectives from State and Crisis-Line Workers
Hillman Hall, Room 120
Click here to register

Find our YouTube channel here with recordings from our monthly CMHSR seminar series.



Enola Proctor and **Leopoldo J. Cabassa** attended the 75th Anniversary celebration for the National Institute of Mental Health in Bethesda, Maryland and met Dr. Patrician Arean, the new Director of NIMH's Division of Services and Intervention.

Byron Powell was <u>recently named Co-Director</u> of the Institute for Public Health's <u>Center for Dissemination and Implementation</u> and the Institute of Clinical and Translational Sciences' <u>Dissemination and Implementation Research Core</u>.

Morgan Shields and colleagues' work was featured in a story by the Brown School's Tim Poor titled, "Study Shows Patient-Centered Care Matters for Inpatient Psychiatry Patients."

Grants and Awards

Fred Ssewamala, Byron Powell, and Noeline Nakasujja (Makerere University) were awarded an R01 from the Eunice Kennedy Shriver National Institute of Child Health and Human Development titled, "Bridges2Scale: Testing Implementation Strategies for an Intervention Among Young People Affected by AIDS." The project also includes Ozge Sensoy Bahar, Proscovia Nabunya, Rachel Brathwaite, Derek Brown and Mary McKay from the Brown School, and in-country research and implementing partners, Fred Semitala (Makerere University), Barbara Mukasa (Mildmay Uganda), and Abel Mwebembezi (Reach the Youth Uganda). Please see ICHAD's story on the project for further details.

Lindsay Stark and **Ilana Seff** were awarded an R34 from the National Institute of Mental Health titled, "<u>Sibling-Support for Adolescent Girls (SSAGE): A Whole-Family, Gendertransformative Approach to Preventing Mental Illness Among Forcibly Displaced Adolescent Girls." The project also includes **Byron Powell** and Arturo Roa Harker (Universidad de Los Andes).</u>

Nhial Tutlam was awarded a career development award from the National Institute of Mental Health titled, "Resettled Refugee Families for Healing (RRF4H): A study of the Intergenerational Impact of War Trauma and Resilience." Please see ICHAD's feature on Nhial's work for more details.

Publications by CMHSR Faculty and Fellows

Brownson, R. C., **Adams, D. R.**, Anyane-Yeboa, A., **Powell, B. J.** (2023). Learning to prioritize our collaborative opportunities: Overcoming the bright shiny object syndrome. *The Journal of Continuing Education in the Health Professions*.

https://journals.lww.com/jcehp/fulltext/9900/learning_to_prioritize_our_collaborative.96.aspx

Cruden, G., Crable, E. L., **Lengnick-Hall, R.**, & Purtle, J. (2023). Who's "in the room where it happens"? A taxonomy and five-step methodology for identifying and characterizing policy actors. *Implementation Science Communications*, 4(1), 113. https://doi.org/10.1186/s43058-023-00492-6

Fernandez, M. E., **Powell, B. J.**, & Ten Hoor, G. A. (2023). Editorial: Implementation Mapping for selecting, adapting and developing implementation strategies. *Frontiers in Public Health*. https://www.frontiersin.org/articles/10.3389/fpubh.2023.1288726/full

Shields, M. C., Hollander, M. A., Busch, A. B., Kantawala, Z., & Rosenthal, M. B. (2023). Patient-centered inpatient psychiatry is associated with outcomes, ownership, and national quality measures. *Health Affairs Scholar*, 1(1), qxad017. https://doi.org/10.1093/haschl/qxad017

Recent and Upcoming Presentations

Cabassa, L. J. (2023, September 21). Engaging Community Stakeholders to Reduce Mental Health Inequities in the Hispanic Community. *Disparities in Mental Health Webinar Series*. Office for Disparities Research and Workforce Diversity, National Institute of Mental Health (Virtual Event). https://www.nimh.nih.gov/about/organization/od/odwd/webinars-on-disparities-in-mental-health

Cabassa, L. J. (2023, November 8). Integrating Implementation Science and Health Equity Reserach to Improve the Health of People with Serious Mental Illness. Oral presentation for the *Dissemination and Implementation Research Symposium* at the Latino Research Institute. Austin, Texas.

Powell, B. J. (2023, October 4). Advancing implementation science to improve the quality of health and social services. Oral presentation at *Boston College School of Social Work*, Boston, Massachusetts.

Proctor, E. K. (2023, October 17). Ten Years of Implementation Outcomes Research: Progress and Future Directions. Lecture for the UT Houston School of Public Health's *Institute for Implementation Science Seminar Series*. Houston, Texas.

Shields, M. C. (2023, September 27). Accountability of Inpatient Psychiatry. Oral presentation at Ball State University. Muncie, Indiana.

New Initiative

CMHSR Psychedelic Assisted Therapies Learning Community (PAT-LC)

This summer Dr. Leopoldo J. Cabassa and Dr. Dani Adams established the new CMHSR Psychedelic-Assisted Therapies Learning Community (PAT-LC). The goals of these new learning community are to:

- Support and energize a community of scholars interested in advancing the science and practice of Psychedelic-Assisted Therapies (PAT).
- Generate rigorous and meaningful research projects to advance health equity by studying the access, quality, impact, and implementation of PAT in historically marginalized communities.
- Host dialogues and gatherings to discuss how PAT can help transform the behavioral health care system.
- Support the training of the next generation of social work students and scholars dedicated to advancing PAT for all.
- Understand and support efforts and policies to legalize PAT in Missouri and Nationwide.

To get involved, please contact: Dr. Leopoldo J Cabassa, <u>ljcabassa@wustl.edu</u> or Dr. Dani Adams, a.danielle@wustl.edu

What we are reading

MDMA-assisted therapy for moderate to severe PTSD: a randomized, placebo-controlled phase 3 trial.

https://www.nature.com/articles/s41591-023-02565-4

Stigma among historically marginalized young adults with serious mental illnesses: A mixed methods study.

https://doi.org/10.1037/sah0000454